

USEFUL CONTACTS

ADVICE AND SUPPORT SERVICES



Call **999** in an emergency, or call the Police on **101** for non-emergencies or **111** for medical non-emergencies

The Samaritans

☎ 116 123

www.samaritans.org

Refuge – for women and children

☎ 0808 2000 247

www.refuge.org.uk

Carer Support Wiltshire

☎ 0800 181 4118

carersupportwiltshire.co.uk

Domestic Abuse helpline for men

☎ 0808 8010 327

www.mensadvice.org.uk

Crisis – National Homelessness Charity

☎ 0300 636 1967

www.crisis.org.uk

Fearfree – Wiltshire

☎ 01225 775276

sap@fearfree.org.uk

Alabare – housing and homelessness

☎ 01722 322882

www.alabare.co.uk

Stop it Now – prevent child sexual abuse

☎ 0808 1000 900

www.stopitnow.org.uk

Shelter – housing and homelessness

☎ 0808 800 4444

www.shelter.org.uk

Alzheimer's Society

☎ 0333 150 3456

www.alzheimers.org.uk

Salisbury Foodbank and Trussell Trust

☎ 0808 208 2138

www.salisbury.foodbank.org.uk

www.trussell.org.uk

MIND Mental Health Charity

☎ 0300 102 1234

www.mind.org.uk

www.wiltshiremind.co.uk

NSPCC – Childline

☎ 0808 800 5000

www.nspcc.org.uk

Alcoholics Anonymous

☎ 0800 917 7650

www.alcoholics-anonymous.org.uk

Citizens Advice

☎ 0808 223 1133

www.citizensadvice.org.uk

National Debtline

☎ 0808 808 4000

www.nationaldebtline.org

GamCare - Gambling Support

☎ 0808 8020 133

www.gamcare.org.uk

The Money Advice Service

☎ 0800 138 7777

www.moneyhelper.org.uk

Cruse Bereavement Support

☎ 0808 808 1677

www.cruse.org.uk

SSAFA The Armed Forces Charity

☎ 0800 2606780

www.ssafa.org.uk/get-help

www.salisburycathedral.org.uk/safeguarding